

Randolph Foundation for Education
<http://www.RandolphFoundation.org>
P.O. Box 530, Randolph MA 02368
info@RandolphFoundation.org



RFE COMPETITIVE GRANTS APPLICATION

Applicant's name:

Email address:

Applicant's position:

(Repeat this info for all co-applicants)

Grant Title:

See attached
Sheet

What is the total budget for your proposal?

Grade(s) affected by the grant:

School(s) affected by the grant:

Total number of students to be directly affected by this grant:

Please provide a brief (one paragraph) summary of your proposal. You will have an opportunity to provide further details below:

Describe your project in detail. What are you planning to do? How will you do it? Who will benefit from the project? Why is this project important to the education of your students? What do you hope to accomplish? How will you know if this project is a success?

What is the proposed start date?

Specifically list all materials and equipment requested along with the itemized cost, and the source of quote:

I verify that a copy of this application has been submitted to the applicable school principal who has approved its content and proposed expenditures.

Kelly Brew

School Principal

Grant Proposal: Speed Stacking Cups for Physical Education

Applicant: Doug McNicol, Physical Education Teacher

School: North Randolph Elementary

Grades Affected: K-5

Total Number of Students Affected: 300

Grant Title: Building Focus, Fitness, and Fun Through Speed Stacking

Proposed Start Date: March 2026

Project Summary

This project seeks funding to purchase a class set of Speed Stacking cups and related materials to enhance physical education experiences for all students. Speed Stacking promotes coordination, focus, teamwork, and personal goal-setting in an engaging and inclusive way. With this grant, every student will have the opportunity to participate in this fun, fast-paced activity that develops both fine and gross motor skills.

Need Statement

Our Physical Education program aims to provide diverse activities that promote lifelong fitness, skill development, and confidence. Currently, our students do not have access to equipment that builds quickness, ambidexterity, and concentration in a non-traditional format. Speed Stacking offers a unique way to reach students who may not always thrive in team sports, while still aligning with national PE standards for motor skill competence and responsible personal behavior in physical activity settings.

Project Description

The grant will fund the purchase of:

- One class set of 30 Speed Stacks (cups, mats, timers, and jumbo stacks)
- Storage bins for equipment organization
- Teacher resource guides and activity cards

Students in grades K-5 will use the cups during PE classes for individual skill challenges, cooperative games, and cross-curricular connections (such as math and timing activities). The activity is quick to set up, adaptable for all ability levels, and can be integrated into lessons focused on coordination, reaction time, and teamwork.

Goals and Objectives

1. **Increase student engagement:** Provide a new, high-interest activity that appeals to a wide range of learners.

2. **Develop motor and cognitive skills:** Improve hand-eye coordination, reaction time, and focus.
3. **Promote inclusion:** Offer an activity where all students can experience success, regardless of athletic ability.
4. **Encourage personal growth:** Support goal-setting, persistence, and healthy competition.

Budget (from SpeedStacks.com)

Item	Quantity	Cost
Class Set of 30 Speed Stacking Cups (including mats, timers, jumbo stacks and storage)	1	\$689.99
Total Requested		\$689.99

Evaluation

Student engagement and progress will be measured through participation rates, feedback surveys, and observable improvements in skill performance. The activity's inclusive nature and positive student response will help strengthen our PE program and support the foundation's goal of enhancing educational opportunities.

Sustainability

Speed Stacking cups are highly durable, require no maintenance, and can be used year after year. Once purchased, the equipment will serve hundreds of students annually, ensuring long-term value from this one-time investment.

Closing Statement

With your support, we can bring Speed Stacking to our Physical Education program and create more opportunities for every student to move, think, and grow with enthusiasm. This \$700 investment will help us make physical activity more engaging, inclusive, and fun for all.

Thank you for considering this request.

Sincerely,

Doug McNicol

Physical Education Teacher

North Randolph Elementary School

mcnicold@randolph.k12.ma.us